

November 2019

S	M	T	W	T	F	S
Brkfst - Milk, juice, toast & fruit daily. Lunch - Milk daily. 5-12 - salad bar daily. Menus may change. This institution is an equal opportunity employer.					1 Cereal Corn dog Nachos Mixed vegetables Manadarin oranges	2
3	4 Saus pizza or cereal Hamburger on bun French fries Peas & carrots Peaches	5 Cereal Chicken patty Potatoes & gravy Hominy Applesauce	6 Pancake stk or cereal Tacos Lettuce & cheese Refried beans Pineapple	7 Cereal Popcorn chicken White rice Stir-fry vegetables Pears	8 Egg burrito or cereal Hot dog or polish on bun Sauerkraut Chips Fruit cocktail	
10 	11 Cereal Chicken strips Macaroni & cheese Lima beans Mandarin oranges	12 Fr tst stks or cereal Pork fritter on bun Corn Chips Peaches	13 Cereal Crisпитos Mexican rice Carrots Pears	14 Bagel or cereal Beef & bean burrito Green beans Refried beans Cheese slice Pineapple	15 Cereal Turkey slice Potatoes & gravy Sweet potatoes Stuffing Applesauce cup	16
17	18 Pancakes or cereal Country fried steak Potatoes & gravy Spinach Fruit cocktail	19 Cereal Chicken fajitas Lettuce & cheese Mexican rice Peas & carrots Mandarin oranges	20 Muffin or cereal Ck noodle or veg soup Grilled cheese sandwich Crackers Peaches	21 Cereal Chicken nuggets Rice Lima beans Applesauce	22 Sc eggs or cereal Pizza Salad Pineapple	
24	25	26	27	28	29	30
						