

# **Braymer C-4 School District Wellness Center**

## **Rules and Regulations**

### **1. Hours of Operation**

- a. Subject to limitations, the Wellness Center is open to the public every day from 5:30 p.m. to 6 a.m. The Wellness Center is open weekends from 5:30 p.m. on Friday to 6 a.m. the following Monday.
- b. Subject to limitations, during the summer, after the completion of summer school and during extended breaks the wellness center will be open from 10:00 a.m. to 6:00 a.m.
- c. The Wellness Center may be closed for a two-week period each year for maintenance.

### **2. Notice of Nondiscrimination**

- a. It is the policy of the Braymer C-4 School District not to discriminate on the basis of race, color, religion, gender, national origin, ancestry, disability, age, or any other characteristic protected by law in its programs or employment practices as required by federal and state law, including Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. The District is an Equal Opportunity employer.
- b. Questions or concerns related to District employment practices may be directed to the Superintendent, 400 Bobcat Ave., Braymer, Missouri 64624, telephone number 660-645-2284. Other questions or concerns related to District programs may be directed to the Title IX Coordinator, at the address and telephone number listed above.
- c. Inquiries and complaints may also be directed to the Kansas City Office, Office for Civil Rights, U.S. Department of Education, One Petticoat Lane, 1010 Walnut Street, 3<sup>rd</sup> Floor, Suite 320, Kansas City, Missouri 64106; telephone 816-268-0550; Fax: 816-823-1404; TDD: 877-521-2172.

### **3. Conduct**

- a. Wellness Center applicants and users acknowledge the receipt of and agree to abide by all policies and procedures of the Braymer School District.
- b. The Wellness Center does not permit and will not tolerate any inappropriate conduct. Such conduct includes, without limitation, horseplay, using loud, abusive, offensive, insulting, demeaning language, profanity, lewd conduct or any conduct that harasses or is bothersome to other users or Wellness Center

employees. The Wellness Center reserves the right to prohibit users from the Wellness Center if they display inappropriate conduct.

- c. Braymer Schools' students and employees are subject to District codes of conduct while using the Wellness Center. In addition, students and employees are subject to all disciplinary measures applicable to District sponsored-events. The District may suspend access or terminate the membership of Wellness Center users and applicants that fail to act in accordance with these rules.

#### 4. Personal Property

- a. The Braymer C-4 School District is not responsible for personal property lost, damaged or stolen while using District facilities.

#### 5. Eligible Users

- a. Students attending Braymer C-4 School District while participating in school activities at the Wellness Center.
- b. Braymer C-4 School District staff, their spouse and their children under 18 years of age.
- c. Individuals who reside within the boundaries of Braymer C-4 School District.

#### 6. Criminal History

- a. The Braymer C-4 School District will deny Wellness Center membership to any individual accused or convicted of any crime involving sexual abuse or is or has been a registered sex offender.
- b. The District reserves the right to check its membership records for individuals with criminal history. It is the duty and responsibility of Wellness Center applicants and members to communicate criminal charges and convictions to the District within 48 hours of the occurrence. The District reserves authority to permanently suspend membership to those who fail to do so.

#### 7. Dress Policy

- a. Proper workout attire and clean footwear are required.
- b. Street clothes/shoes and blue jeans are prohibited while using Wellness Center equipment or facilities. These items can cause damage to the upholstery on the equipment.

#### 8. Fees

- a. There are no monthly fees or enrollment fees for the use of the Wellness Center.
- b. District resident families will receive one access card free of charge. The District assesses a \$5.00 fee for each additional card requested, including replacement cards.

## 9. Prohibited Items and Activities

- a. Alcohol, tobacco products, e-cigarettes, and illegal drugs (including anabolic steroids).
- b. Photographic or video equipment.
- c. Food and beverages, including sports drinks (plastic water bottles are allowed).
- d. Outside exercise equipment.

## 10. Concurrent Use

- a. The primary purpose of the Wellness Center is to provide educational opportunities to students of the Braymer C-4 School District and to serve as a benefit of employment for employees of the Braymer C-4 School District.
- b. Non-students and non-employees may be prevented from using all or part of the Wellness Center if it is being used by Braymer Schools' students and/or employees. The Wellness Center will attempt to provide reasonable notice if public use is prohibited for this reason, although notice is not guaranteed.

## 11. Facility Access

- a. Guests are not permitted at any time. If this policy is violated, member access to the Wellness Center may be temporarily or permanently suspended. Allowances may be made for visiting relatives. Please contact the District in advance for permission.
- b. Members must not allow anyone else to use their access key and members must alert the District immediately if cards are lost or stolen. Violating this policy carries the same consequences as violating the guest policy.
- c. Wellness Center members are not permitted access beyond the Wellness Center area, this includes locker rooms. If this policy is violated, the District may permanently deny or suspend member access.

## 12. General Rules and Notices

- a. Children under 18 years of age must be accompanied by a parent during non-school hours.
- b. No Pets allowed, with the exception of approved service animals.
- c. Exercise equipment is not for use by elementary age and younger children. Parents must monitor their children accordingly.
- d. Collars must be used on weight bars at all times.
- e. The facility is under 24-hour recorded video surveillance and member access usage is logged by access card use.
- f. Report any damaged or malfunctioning equipment to a staff member immediately.
- g. Do not drop weights or dumbbells.
- h. Limit use of cardiovascular equipment to 30 minutes when others are waiting.

- i. Wipe off all cardiovascular equipment and benches when finished. Towels and cleaner will be supplied.
- j. Consult your physician prior to participating in activities at the Wellness Center.